

MenthorQ

Level to level.

NQ TRADING PLAYBOOK

First edition / Revision 04 / October 15, 2026

- **Put Support**
- **GEX 2**
- **RT-T3**
- **Put Support 0DTE**
- **Call Resistance 0DTE**
- **Blind Spots**

Your starting level. Every observed destination.

Updated through the 12:55:54 PM screenshot.

Start with your level.

Each chapter groups pathways that depart from the same level.
Long and short destinations are listed separately.

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Read pathways, not win counts.

Several destinations can belong to the same move. They do not represent separate trades or independent wins. All entries here are dated October 15, 2026, on an NQ 2-minute chart.

Observed = destination visibly reached.
Future example = no completed pathway recorded in this edition.

Methodology & source context

CHAPTER 01

Put Support

NQ / 2-minute / 15 OCT 2026 / Observed destinations reached

LONG PLAYS

- Put Support → GEX 2
- Put Support → RT-T3
- Put Support → Put Support 0DTE
- Put Support → Call Resistance 0DTE

SHORT PLAYS

Future examples

No completed pathway recorded in this edition.

UPDATED INTRADAY CHART / E / Current level snapshot



All four long destinations belong to the same rally.
Current image labels differ from earlier plays; see source notes.

CHAPTER 02

GEX 2

NQ / 2-minute / 15 OCT 2026 / Observed destinations reached

LONG PLAYS

- GEX 2 → RT-T3
- GEX 2 → Put Support 0DTE
- GEX 2 → Call Resistance 0DTE

SHORT PLAYS

- GEX 2 → Put Support

UPDATED INTRADAY CHART / E / Current level snapshot



GEX 2 means the 30,050 level in source A only.
Current image labels differ from earlier plays; see source notes.

CHAPTER 03

RT-T3

NQ / 2-minute / 15 OCT 2026 / Observed destinations reached

LONG PLAYS

RT-T3 → Put Support 0DTE

RT-T3 → Call Resistance 0DTE

SHORT PLAYS

RT-T3 → GEX 2

RT-T3 → Put Support

UPDATED INTRADAY CHART / E / Current level snapshot



Long destinations share one rally; short destinations share one decline.
Current image labels differ from earlier plays; see source notes.

CHAPTER 04

Put Support 0DTE

NQ / 2-minute / 15 OCT 2026 / Observed destinations reached

LONG PLAYS

Put Support 0DTE → Call Resistance 0DTE

SHORT PLAYS

Future examples
No completed pathway recorded in this edition.

UPDATED INTRADAY CHART / E / Current level snapshot



Two visible long occurrences; both travel toward the same destination.
Current image labels differ from earlier plays; see source notes.

CHAPTER 05

Call Resistance 0DTE

NQ / 2-minute / 15 OCT 2026 / Observed destinations reached

LONG PLAYS

Future examples

No completed pathway recorded in this edition.

SHORT PLAYS

Call Resistance 0DTE → Put Support 0DTE

UPDATED INTRADAY CHART / E / Current level snapshot



The second resistance visit has no confirmed completed short yet.

Current image labels differ from earlier plays; see source notes.

CHAPTER 06

Blind Spots

BL = Blind Spots / NQ / 2-minute / 15 OCT 2026

BL 7 Observed starting level

LONG PLAYS

Blind Spot 7 → Put Support

SHORT PLAYS

Future examples
No completed pathway recorded in this edition.

BL 6 Future examples

Long and short pathways: no completed example recorded.

UPDATED INTRADAY CHART / E / BL 7 reclaim to Put Support.



BL 7 and BL 6 retain the numbering shown on the source chart.
BL 7 long is part of the same late rally documented in earlier chapters.

Observe first.

Validate over time.

A completed pathway means visible price traveled from the named starting level to the destination. It does not establish a tradable entry, fill, stop, cost, profit or validated probability.

Multiple destinations within a move overlap. The two late long occurrences also share the same session. Do not count rows as independent wins. Record failures and incomplete moves over time.

The level snapshot matters.

Source A labels 30,050 as GEX 2. Source C labels it G3 and places G2 at 30,200. Source D places G3 at 29,950 and G1 at 30,150. Earlier entries retain source A GEX 2 label.

Updated chart E: GEX 2 = 30,050; PS 0DTE = 30,150; CR 0DTE / GW 0DTE = 30,125. Earlier resistance plays refer to 30,170 in C/D. Current labels do not rewrite earlier snapshots.

Source register / October 15, 2026

A / 12:20:33 PM screenshot: original level labels and session moves.

B / 12:21:19 PM screenshot: negative gamma context.

C / 12:34:10 PM screenshot: confirms resistance touch and pullback.

D / 12:43:48 PM screenshot: confirms the second long to resistance.

E / 12:55:54 PM screenshot: replaces all chapter chart images.

Times above are filenames, not independently verified event times.

Image E shows an RT-T5 touch and later decline; this revision refreshes visuals and retains the previously recorded pathways.

The displayed 68.87% backtest figure is not this playbook win rate.

BL means Blind Spots (user-supplied label). Independent notebook.